3. How to use the product (by mode)

**Automatic Mode** (Mode Duration: Approx. 36 minutes 30 seconds)

The automatic mode allows one to use the product's body recognition, massage, thermal acupressure, and Ceragem Sound features without additional operation.

1. Turn on the remote control power supply and check the display.
   - External projectors appear only when they are connected.
   - The current strength and temperature are displayed.

2. Pressing the automatic mode key twice (once during the Manual mode) causes the Ceragem Sound to be played and body sensing to begin at the sound of the buzzer. Please lie down with correct body posture.
   - Pressing the key once causes the current active mode to blink for 3 seconds. Pressing it again within 3 seconds changes the mode.
   - If in Manual Mode, please note that the mode will be changed immediately without blinking.
   - The display showing operating time blinks while the internal projector moving to the head's position before body recognition.

3. Once body sensing is completed, the mode is automatically executed. Assume correct body posture.
   - The operating time is displayed on top of the body icon.
   - A buzzer will sound when in Abdomen Mode.
   - Assume proper posture for abdominal massage and stimulation.
   - Once the mode is complete, the buzzer will sound, and the remote control will turn off.
   - Refer to pages 21-23 for information on strength, temperature, and sound settings.
   - In Abdomen Mode, the user assumes a proper position to ensure satisfactory massaging and thermal stimulation on the abdomen.

* The duration of operation modes can vary depending on the body type of the user.
3. How to use the product (by mode)

Mode 1~9 (Mode Duration: Approx. 36 minutes 30 seconds, Mode 2: Approx. 18 minutes)

1. Turn on the remote control power supply and check the display.
   - External projectors appear only when they are connected.
   - The current strength and temperature are displayed.

2. Pressing the mode 1, 2, or 3~9 key twice (once for Manual mode) causes the Ceragem Sound to be played and body sensing to begin at the sound of the buzzer. Please lie down with correct body posture.
   - Pressing the key once causes the current active mode to blink for 3 seconds. Pressing it again within 3 seconds changes the mode.
   - If in Manual Mode, please note that the mode will be changed immediately without blinking.
   - The display showing operating time blinks while the internal projector moving to the head’s position before body recognition.

3. Once body sensing is completed, the mode is automatically executed. Assume correct body posture.
   - The operating time is displayed on top of the body icon.
   - Once the mode is complete, the buzzer will sound, and the remote control will turn off.
   - Refer to pages 21-23 for information on strength, temperature, and sound settings.

* The duration of operation modes can vary depending on the body type of the user.
3. How to use the product (by mode)

Semi-automatic Mode  (Mode Duration: Approx. 18 minutes)

1. Turn on the remote control power supply and check the display.
   - External projectors appear only when they are connected.
   - The current strength and temperature are displayed.

2. After pressing the semi-automatic mode key twice (once for Manual mode), move the internal projectors to the desired position.
   - Pressing the key once causes the current active mode to blink for 3 seconds. Pressing it again within 3 seconds changes the mode.
   - If in Manual Mode, please note that the mode will be changed immediately without blinking.

3. The mode will automatically begin centered on the designated position. Assume proper body posture.
   - The operating time is displayed on top of the body icon.
   - Once the mode is complete, the buzzer will sound, and the remote control will turn off.
   - Refer to pages 21-23 for information on strength, temperature, and sound settings.
3. How to use the product (by mode)

**Manual Mode**  (Mode Duration: Approx. 60 minutes)

1. Turn on the remote control power supply and check the display.
   - External projectors appear only when they are connected.
   - The current strength and temperature are displayed.

2. After pressing the manual mode key twice, move the internal projectors to the desired position.
   - Pressing the key once causes the current active mode to blink for 3 seconds. Pressing it again within 3 seconds changes the mode.
   - If in Manual Mode, please note that the mode will be changed immediately without blinking.

3. Thermal stimulation begins from the designated position. Assume a correct body posture.
   - The operating time is displayed on top of the body icon.
   - Five minutes after the remote control is activated, the internal projectors automatically move to prevent burns.
   - Sixty minutes after being activated, the remote control is automatically turned off, and the mode is terminated.
   - Refer to pages 21~23 for information on strength, temperature, and sound settings.
3. How to use the product (by mode)

**Mode Pattern**

### Automatic Mode
(Mode Duration: Approx. 36 minutes 30 seconds)

- Thermal acupressure (88 seconds)

### Mode 1
(Mode Duration: Approx. 36 minutes 30 seconds)
- Thermal acupressure (100 seconds)

### Mode 2
(Mode Duration: Approx. 18 minutes)

- Pressing the key once causes the current active mode to blink for 3 seconds. Pressing it again within 3 seconds changes the mode.
- If in Manual Mode, please note that the mode will be changed immediately without blinking.

### Mode 3
(Mode Duration: Approx. 36 minutes 30 seconds)

*The massage patterns may be adjusted depending on the user’s height.*
3. How to use the product (by mode)

Mode Pattern

**Mode 4**

(Mode Duration: Approx. 36 minutes 30 seconds)

10 seconds

**Mode 5**

(Mode Duration: Approx. 36 minutes 30 seconds)

10 seconds

**Mode 6**

(Mode Duration: Approx. 36 minutes 30 seconds)

10 seconds

**Mode 7**

(Mode Duration: Approx. 36 minutes 30 seconds)

10 seconds

* The massage patterns may be adjusted depending on the user’s height.
3. How to use the product (by mode)

**Mode Pattern**

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**Mode 8**

(Mode Duration: Approx. 36 minutes 30 seconds)

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**Mode 9**

(Mode Duration: Approx. 36 minutes 30 seconds)

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**Semi-Automatic Mode**

(Mode Duration: Approx. 18 minutes)

Massaging is repeated on a specified region. This region depends on the final position of the internal projectors.

- **Up&Down (3 Times) + Thermal acupressure (60 seconds)**

※ Users may adjust the position.

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* The massage patterns may be adjusted depending on the user’s height.